EAST BOUND AND DOWN

CD: “In Overdrive” by Aaron Tippin (Amazon.com mp3 download)
CHOREO: Kelli McChesney
INTRO: Wait (16) beats / Start with LEFT foot
TIME: 2:52

SEQUENCE: Wait 16, CHORUS, A, CHORUS, B, A, B, CHORUS, A, CHORUS, B.

CHORUS: (32 BEATS)
(1) “MOUNTAIN SHUFFLE” --- DS R(IF)S R(O)S DBL-S(IF)/BRK SRS TCH-SL DR-SL
L R L R L R L LRL R R [-BOTH-] &1 & 2 & 3 &a [--- 4 ----] 5&6 & 7 & 8
(1) “SCOOP & HIGH HORSE” --- DBL(X) KICK(O) DBL(B) RS T-SL DS DS RS
R R R RL R-R L LR &1 &2 &3 &4 &-5 &6 &7 &8
(1) “KENTUCKY SLIDE” --- DS DRAG/KICK-S(IF) DS T-SL (move left)
L L R R L R R
(1) “STAMP TURN” --- DS STA(UP) STA(UP) STA(UP) (turn 360° left)
L R R R R
(2) “FLARES” --- DBL(O) RS DBL(O) RS (move right)
R RL R RL
(1) “MOUNTAIN GOAT” --- DBL(O) R(IF)S R(O)S T-SL (move right)
R R LR LR R

PART A: (32 BEATS)
(1) “MJ KICKER” --- DS (IB) R-H-FLAP-S RS KICK RS KICK RS
(turn ¼ left on beat 3) L R L R R L RL R RL R RL &1 &2 & 3 & 4 &5 & 6 & 7 & 8
(1) “DIXIE” --- DS DBL(UP) R-H* RS (* - takes weight)
R L R LR
(1) “WALK THE DOG” --- DS DS H* H* RS (turn ¼ left on H* H*)
L LR LR
(1) “REPEAT ABOVE (16) BEATS TO FACE FRONT

PART B: (32 BEATS)
(1) “COWBOY” --- DS DS BR(UP-turn ½ left) DS(IF) RS RS RS
L R L R R LR LR LR LR
(2) “UNCLOGS” --- SK(UP) HS SK(UP) HS
L LL R RR
(2) “BASICS” --- DS RS DS RS
L RL R LR
(1) “REPEAT ABOVE (16) BEATS TO FACE FRONT

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